

Wappingers Central School District

Continuing Education & After School Programs

Fall 2024



Fitness & Sports for Students

These after-school programs take place at the schools indicated. Students will stay after school and go directly to the program at dismissal time. Parents must pick up students at the conclusion of the program. There is no district transportation available.

GAMES & FITNESS @ MYERS CORNERS

Mr. Knight

This after-school program for grades 3-6 will focus on games, health & fitness. Students will participate in some of the more interesting and popular games & activities currently used in physical education programs today. These include Fitness Fun Friday activities, Wall-to-Wall Football, Speed & Survivor Soccer, Minute-to-Win-It Sports, Gaga Ball, Battleship, Capture the Flag and more! All of these games are designed to be fun, but will also incorporate important skill development and improve each student's level of health and fitness.

Grades 3 & 4 • Tuesdays & 1 Monday • 10/8-11/12 • 3:25-4:25 pm • 6 sessions • \$105 • Myers Corners ES

Grades 5 & 6 • Thursdays & 1 Wednesday • 10/10-11/14 • 3:25-4:25 pm • 6 sessions • \$105 • Myers Corners ES

GAMES & FITNESS @ FISHKILL PLAINS

Mr. Bengel

For students in grades K-2 & 3-5, this program focuses on improving health, fitness and skill level. Students will participate in some of the more interesting and popular games and activities currently used in physical education programs. These include: Gaga Ball, Battleship, Cracker Barrel, Speed Stacking Cups, Capture the Flag, and more! No class on 10/3, 10/31, 11/5, 11/21 & 11/28.

Grades K-2 • Tuesdays • 9/24-11/19 • 3:25-4:30 pm • 8 sessions • \$150 • Fishkill Plains ES Gym

Grades 3-5 • Thursdays • 9/26-12/12 • 3:25-4:30 pm • 8 sessions • \$150 • Fishkill Plains ES Gym

FALL GAMES & FITNESS @ OAK GROVE

Mrs. Turpin-Orgetas

This after-school program is open to all Kindergarten through 6th grade students at Oak Grove. The program will focus on games, health & fitness. Students will participate in games used in our physical education program. Activities will include soccer, basketball, Castle Ball, Gaga Ball, Battleship, Cracker Barrel, jump rope, Pac-Man and more! All of these games are designed to be fun, but will incorporate skill development and improve each student's level of health & fitness. Students will report to the gym @ dismissal time. Parent pick-up is promptly at 4:25 pm. No district transportation provided.

Wednesdays • 10/2-11/13 • 3:25-4:25 pm • 7 sessions • \$70 • Oak Grove ES Gym

WINTER GAMES & FITNESS @ OAK GROVE

Mrs. Turpin-Orgetas

This after-school program for all Kindergarten through 6th grade students will focus on games, health & fitness. Students will participate in games used in our physical education program. Activities will include floor hockey, basketball, handball, flag football, jump rope, and more! All of these games are designed to be fun, but will incorporate skill development and improve each student's level of health & fitness. Students will report to the gym @ dismissal time. Parent pick-up is promptly at 4:25 pm. No district transportation provided.

Wednesdays • 12/4-2/12 • 3:25-4:25 pm • 8 sessions • \$80 • Oak Grove ES Gym

OUTDOOR GAMES @ KINRY

Mr. Carrozza & Ms. VanDeWater

This program for students in grades 1-6 is for students who love being outside and getting fresh air. Participants will be playing such games as Capture the Flag, outdoor volleyball games, Gaga Ball in the pit, flag football, soccer, and more! All of these games are designed to be fun, but will incorporate skill development and improve each student's level of health & fitness. Parent pick-up is promptly at 4:25 pm. No district transportation provided.

Wednesdays • 10/2-10/30 • 3:25-4:20 pm • 5 sessions • \$75 • Kinry Rd ES

GAMES & FITNESS @ KINRY

Mr. Carrozza, Ms. VanDeWater & Mr. Wurster

For students in grades 1-6, this program will focus on games, health & fitness. Students will participate in some of the more interesting and popular games & activities currently used in physical education classes today. These include Wall-to-Wall Football, Minute-to-Win-It Sports, Gaga Ball, Battleship, Sneak Attack, Cracker Barrel, Castle Ball, and more. All of these games are designed to be fun, but will incorporate skill development and improve each student's level of health & fitness. Parent pick-up is promptly at 4:25 pm. No district transportation provided. No program on 11/20 & 11/27.

Wednesdays • 11/6-12/18 • 3:25-4:20 pm • 5 sessions • \$75 • Kinry Rd ES

SOCCER CLUB @ SHEAFE

Mrs. Seymour

Students in grades 4-6 who love the game of soccer, and want to play outdoors, will love this club. Students will stay after school and report to the gym at dismissal time. Participants should wear sneakers and bring a water bottle & snack each day. Parents must provide transportation home. Prompt pick-up at 4:30 is expected. No program 10/3.

Tuesdays & Thursdays • 10/1-10/22 • 3:25-4:30 pm • 6 sessions • \$100 • Sheafe Rd ES

VOLLEYBALL CLUB @ SHEAFE

Mrs. Seymour

For students in grades 4-6 who love the game of volleyball and want to practice skills & play games, this is the club for you! Participants should wear sneakers and bring a water bottle & snack each day. Parents must provide transportation home. Prompt pick-up at 4:30 is expected.

Tuesdays & Thursdays • 12/3-12/19 • 3:25-4:30 pm • 6 sessions • \$100 • Sheafe Rd ES

FLAG FOOTBALL FOR GRADES 3-6 @ BRINCKERHOFF

Ms. Landry

It's Fall and time for football! Students in grades 3-6 can come learn the exciting game of flag football and play some games with their friends. Games will be outside as weather permits, so please dress accordingly. Sneakers are required. Please note: in the event of rain, the class will be canceled and made up another day. Can't make all the dates? You can attend on specific dates at a cost of \$20 per class. To do this, you must still register online, but you have to select the payment method of "Cash/Check" and mail in your payment or drop it off at the Continuing Ed office. You cannot pay online with a credit card as you will be charged for the full program amount. If you are choosing this option, please make sure to list the dates your child is attending when you send/drop off your payment. Program runs on different days of the week, so please read the dates carefully.

Multiple Days • 9/24, 9/26, 9/30, 10/1, 10/9, 10/10, 10/16, 10/22, 10/24 • 3:25-4:25 pm • 9 sessions • \$170 • Brinckerhoff ES

TENNIS FOR BEGINNERS @ CROSS COURT

Rosellen Hardt

Students in grades 7-9 will learn the basics of game play, scoring and strokes. Each session will include basic instruction, practice and game play. NO TRANSPORTATION PROVIDED. Parents must be able to drop off and pick up their child at Cross Court Tennis Club in Wappingers Falls. Students do not need their own equipment. Use of tennis racquets & balls included in the fee. \$60 or \$70 court fee (depending upon the session) due in cash to the instructor on first day of class. No class 10/14 & 11/11. Two sessions to choose from. LIMIT 20 STUDENTS PER SESSION.

Session 1: Mondays • 9/23-10/28 • 2:45-3:45 pm • 5 sessions • \$110/\$60 court fee • Cross Court Tennis, 204 New Hackensack Rd, WF

Session 2: Mondays • 11/4-12/16 • 2:45-3:45 pm • 6 sessions • \$130/\$70 court fee • Cross Court Tennis, 204 New Hackensack Rd, WF

INTERMEDIATE/ADVANCED TENNIS @ CROSS COURT

Rosellen Hardt

Students in grades 7-9 will practice skills and utilize valuable court time playing in competitive singles and doubles matches. NO TRANSPORTATION PROVIDED. Parents must be able to drop off and pick up their child at Cross Court Tennis Club in Wappingers Falls. Students do not need their own equipment. Use of tennis racquets & balls included in the fee. \$60 or \$70 court fee (depending upon the session) due in cash to the instructor on the first day of class. No class 10/14 & 11/11. Two sessions to choose from. LIMIT 20 STUDENTS PER SESSION.

Session 1: Mondays • 9/23-10/28 • 2:45-3:45 pm • 5 sessions • \$110/\$60 court fee • Cross Court Tennis, 204 New Hackensack Rd, WF

Session 2: Mondays • 11/4-12/16 • 2:45-3:45 pm • 6 sessions • \$130/\$70 court fee • Cross Court Tennis, 204 New Hackensack Rd, WF

BATON TWIRLING

East Fishkill Twirlers

Baton Twirling is a fun sport that will help with coordination, sportsmanship, athleticism & creativity. Members of the East Fishkill Twirlers will have the opportunity to march in local parades & compete at local competitions. Open to students in grades PreK-12. Classes start Monday, 10/28. For more information, contact Alison Stuart @ 845-392-3362. Classes will run at Gayhead Elementary School on Mondays beginning 10/28 and ending in early May with a recital. Registration will be done at Gayhead Elementary school on Monday, October 21st from 6:00-7:30 p.m.

Registration • Monday • 10/21 • 6:00-7:30 pm • Gayhead ES Lobby

GIRLS ON THE RUN

Girls on the Run Hudson Valley

Girls on the Run is a transformational learning program for girls in grades 3-5. Girls build confidence through dynamic, conversation-based lessons and fun running games. The program culminates with a celebratory 5K run. NO RUNNING EXPERIENCE IS NECESSARY. Scholarships available. For more information, and to register, go to www.girlsontherunhv.org.

Myers Corners ES • Tuesdays & Thursdays • 9/24-11/14 • 3:15-4:30 pm • 8 weeks • \$175

Fishkill Plains ES • Tuesdays & Thursdays • 9/24-11/14 • 3:30-5:00 pm • 8 weeks • \$175

Gayhead ES • Mondays & Wednesdays • 9/23-11/13 • 3:30-4:45 pm • 8 weeks • \$175

Recreation for Students

These after-school programs take place at the schools indicated. Students will stay after school and go directly to the program at dismissal time. Parents must pick up students at the conclusion of the program. There is no district transportation available.

CRAFTERS CLUB @ BRINCKERHOFF

Mrs. Spinella

Are you a maker? We're looking for creative 3rd-5th graders to join the Crafters Club and make some awesome seasonal projects using a variety of techniques and materials. Cost of registration includes all supplies. Students will stay after school for the program and need to be picked up at 4:30 pm. LIMIT 20 STUDENTS. No program 11/20 & 11/27.

Wednesdays • 10/23-12/4 • 3:30-4:30 pm • 5 sessions • \$150 • Brinckerhoff ES Room 7

LEGO FREE BUILD

Yvonne Turner

In this program geared towards grades K-6, students will begin each class working on their own individual creations, then move onto a group project that everyone will be involved in. The group project may involve some children using store-bought kits, but most will be following directions given by the instructor. Other toys & games may be added to enhance the building experience. Programs will be run after school at Gayhead and Sheafe Elementary Schools. There will also be an evening program at Fishkill Plains Elementary School, which will be open to students from all schools. No class on 10/4, 11/5, 11/22 & 11/29.

After-School Programs:

Gayhead ES: Tuesdays • 10/1-12/3 • 3:15-4:15 pm • 9 sessions • \$125 • Small Cafeteria

Sheafe ES: Fridays • 9/27-12/13 • 3:15-4:15 pm • 9 sessions • \$125 • Library

Evening Program:

Fishkill Plains ES: Wednesdays • 10/2-11/13 • 6:00-7:30 pm • 7 sessions • \$150 • Library

LET'S BUILD @ WJHS

Ms. Hardt

You're never too old to build with Legos! In this program for WJHS students, come hang out, meet new friends, have a snack and create with your friends! Students stay after school and may take the late bus home or be picked up by a parent in the circle by the flagpole at 3:50 pm. Two sessions to choose from. LIMIT 30 STUDENTS PER SESSION. No class 11/5.

Session 1: Tuesdays • 9/17-10/22 • 2:30-3:50 pm • 6 sessions • \$90 • WJHS Room 234

Session 2: Tuesdays • 10/29-12/10 • 2:30-3:30 pm • 6 sessions • \$90 • WJHS Room 234

LEGO TINKER CLUB

Robotics4U

Calling all Lego enthusiasts! Come join us for our super-engaging 6-week Lego Tinker Club for students in grades K-3, where there will be unique theme-focused and STEM-based fun Lego activities each week. We aim to INSPIRE curious minds to build engineering models. We help you MODEL your ideas. We ENABLE you to have an enriching experience. We ENCOURAGE you to practice Lego building and teamwork skills, and we CHALLENGE you to use your knowledge, cognitive, and technical skills while creating and playing with fun Lego models. Program will be run at Fishkill Elementary and Oak Grove Elementary. No program 10/3.

Oak Grove ES: Tuesdays • 10/8-11/19 • 3:25-4:30 pm • 6 sessions • \$100 • Library

Fishkill ES: Wednesdays • 10/9-11/13 • 3:25-4:30 pm • 6 sessions • \$100 • Library

STEM & ROBOTICS CLUB

Robotics4U

STEM concepts and creativity are combined together in this action-packed program for students in grades K-3, where kids learn real-life skills while having real-kid FUN! Kids will be engaged in project-based learning using STEM activities and DAST & DOT Robots that can respond to voices & sound, and be programmed to sing & dance. Kids will be encouraged to design, build & program their creations embedding various skills. For more information on the program, go to www.robotics4ucenter.com. Registration MUST be done through Wappingers Continuing Education. Program will be held at Gayhead, Fishkill, and Oak Grove Elementary Schools. No program on 10/31, 11/21 & 11/28.

Fishkill ES: Thursdays • 10/10-12/5 • 3:25-4:30 pm • 6 sessions • \$165 • Library

Gayhead ES: Thursdays • 10/10-12/5 • 3:25-4:30 pm • 6 sessions • \$165 • Small Cafeteria

Oak Grove ES: Thursdays • 10/10-12/5 • 3:25-4:30 pm • 6 sessions • \$165 • Room 19

DUNGEON & DRAGONS AND OTHER SOCIAL/TABLETOP GAMES @ WJHS

Rosellen Hardt

Come have a snack and play new & exciting board games, card games & strategy games of your choice. Play your favorites or learn new games. Collaborate and have fun with your friends and meet new friends! Students may take the late bus home or be picked up by a parent in the circle by the flagpole @3:50 pm. Two sessions to choose from. LIMIT 30 STUDENTS PER SESSION. No class 11/27.

Session 1: Wednesdays • 9/18-10/23 • 2:30-3:50 pm • 6 sessions • \$90 • WJHS Room 234

Session 2: Wednesdays • 10/30-12/11 • 2:30-3:50 pm • 6 sessions • \$90 • WJHS Room 234

ARTISTIC DESIGN – PAINTING WITH ACRYLICS @ WJHS

Ms. Hardt

Students will learn the basics of painting with acrylic art paints to create several finished works on various surfaces, including stretched canvas & canvas board. Students should bring an old oversized shirt/smock to leave in the classroom. \$35 materials fee due in cash to the instructor on the first day of class. (The materials fee will only be \$15 for returning students.) Students may take the late bus home or be picked up by a parent in the circle by the flagpole at 3:50 pm. Two sessions to choose from. LIMIT 20 STUDENTS PER SESSION. No class 10/3, 10/17, 10/31 & 11/28.

Session 1: Thursdays • 9/19-11/7 • 2:30-3:50 pm • 5 sessions • \$100 • WJHS Room 234

Session 2: Thursdays • 11/14-12/19 • 2:30-3:50 pm • 5 sessions • \$100 • WJHS Room 234

Language Programs for Students

These before and after-school programs take place at the schools indicated. For the before-school programs, students must be dropped off at the school for the program. They will then go directly to their classroom at the conclusion of the program. For the after-school programs, students stay after school and go directly to the program at dismissal time. Parents must pick up students at the conclusion of the program. There is no district transportation available.

CHINESE STORY TIME @ GAYHEAD

WanLing Hsu

In this program, students in grades 2-5 will enjoy reading storybooks in both Chinese & English, perfect for beginners or those with little background in Chinese. Along the way, students will also learn new vocabulary & phrases from these books. Students will also play games & make crafts.

Wednesdays • 10/2-10/30 • 3:20-4:20 pm • 5 sessions • \$75 • Gayhead ES Library

HABLA PROGRAM @ FISHKILL PLAINS, KINRY, OAK GROVE & SHEAFE

Your child can learn a second language at a young age, close to home, while giving them a head start on the WCSD foreign language requirements for middle and high school. HABLA SLT has been running programs in the WCSD elementary schools for over 10 years. In addition to the cost of the program, students will have to purchase a book. Details will be given at the first class. Open to students in grades K-6. Students who participated in the program in the past can continue their instruction, and new students are also welcome.

Before-School Programs:

Oak Grove ES: Tuesdays • 9/24-12/3 • 7:40-8:25 am • 10 sessions • Library • \$175

Fishkill Plains ES: Thursdays • 9/26-12/12 • 7:40-8:25 am • 10 sessions • Library • \$175

After-School Programs:

Kinry Rd ES: Wednesdays • 9/25-12/11 • 3:15-4:00 pm • 10 sessions • Library • \$175

Sheafe Rd ES: Fridays • 9/27-12/14 • 3:15-4:00 pm • 10 sessions • ENL Room • \$175

Virtual Program for Grades 5 & 6 (all schools):

Wednesdays • 9/25-12/11 • 4:45-5:30 pm • 10 sessions • Via Zoom • \$175

SPANISH ENRICHMENT @ BRINCKERHOFF, FISHKILL, GAYHEAD & MYERS CORNERS

Hudson Advisors of Business & Language in Action has been running these before and after-school programs at Wappingers for over 10 years. Students can learn Spanish in a hands-on program with more focus on the students' needs. Cost of materials is included in the registration fee. The program is open to all students in Grades K-6. Students who have taken the program in the past will continue their instruction. New students are also welcome. No program 10/14, 11/5, 11/11, 12/23, 12/30

Before School Programs:

Gayhead ES: Mondays • 10/7-1/6 • 7:30-8:20 am • 10 sessions • Small Cafeteria • \$170

Fishkill ES: Tuesdays • 10/8-12/17 • 7:30-8:20 am • 10 sessions • Library • \$170

Brinckerhoff ES: Wednesdays • 10/9-12/18 • 7:30-8:20 am • 10 sessions • Library • \$170

After School Program:

Myers Corners ES: Wednesdays • 10/9-1/8 • 3:15-4:05 pm • 10 sessions • Library • \$170

Contender eSports

WCSD has partnered with Contender eSports to offer a wide range of after-school workshops for students ages 6 & up. Each session is capped at 10 students. All programs take place at Contender eSports, 1557 US-9 in Wappingers Falls (next to Starbucks). Space is VERY limited, and programs fill up quickly. So, don't delay...register today!

MINECRAFT MANIA

Contender eSports

Minecraft combines exploration and survival skills. It also tests a child's imagination and prepares them for the future, building on their creativity, resource management, problem-solving, and social skills. It's more than just a game! No district transportation provided.

Parents must drop off and pick up their student at Contender eSports Gaming Center, 1557 US-9, Wappingers Falls (next to Starbucks.)

Two sessions to choose from. No class 10/14 & 11/11. LIMIT 10 STUDENTS PER SESSION. For students ages 6 & up.

Session 1: Mondays • 9/30-12/16 • 4:30-5:30 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

Session 2: Mondays • 9/30-12/16 • 6:00-7:00 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

ROBLOX GAME DESIGN

Contender eSports

Students ages 8 & up will love using Roblox for everything from building their own avatars to creating interactive components. Young techies will learn about game design to build 3D-objects and use those objects in gaming environments! No district transportation provided.

Parents must drop off and pick up their student at Contender eSports Gaming Center, 1557 US-9, Wappingers Falls (next to Starbucks.) Two sessions to choose from. No class 10/3, 10/31, 11/5 & 11/28. LIMIT 10 STUDENTS PER SESSION.

Session 1: Tuesdays • 10/1-12/10 • 4:30-5:30 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

Session 2: Thursdays • 9/26-12/19 • 4:30-5:30 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

PYTHON CODING

Contender eSports

Python is a popular choice for game development where students will use variables, loops, conditional statements, functions, object-oriented programming, and a variety of programming techniques and algorithms. In this game-design workshop, new students will learn the basics and prior students will take their existing projects to the next level. No district transportation provided. No class 11/8. LIMIT 10 STUDENTS. For students ages 9 & up.

Tuesdays • 10/1-12/10 • 6:00-7:00 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

SUPER SMASH BROTHERS

Contender eSports

Kids ages 6 & up will learn which maps are best, how to modify their character, play matches and so much more while practicing good teamwork and sportsmanship. Fun fact: kids can earn scholarships for playing Smash! No district transportation provided. Parents must drop off and pick up their student at Contender eSports Gaming Center, 1557 US-9, Wappingers Falls (next to Starbucks.) No class 11/27. LIMIT 10 STUDENTS. For students ages 6 & up.

Wednesdays • 10/2-12/11 • 4:30-5:30 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

STREAMER START-UP

Contender eSports

Students will learn how to use OBS Studio, a great tool for recording and editing, which will teach them how to master creating thumbnails, capture game play and more! No district transportation provided. Parents must drop off and pick up their student at Contender eSports Gaming Center, 1557 US-9, Wappingers Falls (next to Starbucks.) No class 11/27. Two sessions to choose from. LIMIT 10 STUDENTS PER SESSION. For students ages 9 & up.

Session 1: Wednesdays • 10/2-10/30 • 6:00-7:00 pm • 5 sessions • \$135 • Contender eSports, 1577 US-9, WF

Session 2: Wednesdays • 11/6-12/11 • 6:00-7:00 pm • 5 sessions • \$135 • Contender eSports, 1577 US-9, WF

ULTIMATE GAMER

Contender eSports

According to a study published by the American Psychological Association, playing video games has four major benefits: cognitive, motivational, emotional and social. In this program, students can play games they already enjoy, or try out new ones while our staff provides supervision & guidance. Popular games include Fortnite, Madden, Mario Kart, Minecraft & more. No district transportation provided. Parents must drop off and pick up their student at Contender eSports Gaming Center, 1557 US-9, Wappingers Falls (next to Starbucks.) No class 10/3, 10/31 & 11/28. LIMIT 10 STUDENTS PER SESSION. For students ages 6 & up.

Thursdays • 9/26-12/19 • 6:00-7:00 pm • 10 sessions • \$255 • Contender eSports, 1577 US-9, WF

SAT Review & Preparation

WAPPINGERS SAT REVIEW CLASSES

This course is for review purposes only and teaches to the new digital version of the SAT. It is not an intensive SAT preparation course. There will be a total of 5 math review classes & 5 reading review classes (10 classes total) at each high school. The cost is \$110 for the 5-week course (10 classes) and includes a copy of *The Official Digital SAT Study Guide*.

The courses begin on Tuesday, October 1st and run for 5 weeks. They are designed to be completed in time to take the November 2nd SAT. Enrollment deadline is Friday, September 27th. First come, first served. There is a minimum (12) and maximum (24) enrollment. If the minimum is not met, the course will be canceled. Register early to avoid course cancellations and/or being closed out.

John Jay High School Course

Tuesdays & Wednesdays • 2:30-4:30 pm, room 111 • \$110

Tuesday Reading Review Class Dates: Oct. 1, 8, 15, 22, 29

Wednesday Math Review Class Dates: Oct. 2, 9, 16, 23, 30

Roy C. Ketcham High School Course

Tuesdays & Wednesdays • 2:45-4:45 pm, room 101 • \$110

Tuesday Math Review Class Dates: Oct. 1, 8, 15, 22, 29

Wednesday Reading Review Class Dates: Oct. 2, 9, 16, 23, 30

LENTZ & LENTZ SAT/PSAT PREP CLASSES

Lentz & Lentz is proud to be offering two options for SAT Preparation...a live, online virtual classroom for SAT prep or IN-PERSON classes at John Jay High School.

In-person course: these classes will be conducted at John Jay HS beginning on Saturday, Sept. 21st. Classes will run weekly on Saturday mornings from 9:30 am-12:30 pm and several Wednesday evenings from 6:30-9:30 pm. This program will prepare students for the October PSAT or the November SAT. Cost is \$499. **For more information, or to register, call Lentz & Lentz at (845) 638-2826 or go to www.LentSATPrep.com.**

Virtual course: For students who would rather prep virtually, Lentz & Lentz is also offering fully live, interactive SAT Prep classes hosted through Zoom on weekday nights or weekend mornings. Students can choose to prep in the comfort, convenience, and safety of their own homes. For the virtual online class, we use easy-to-use screen sharing technology hosted through Zoom, where we are able to create a virtual classroom in which the instructor and all students can communicate with one another. These lessons proceed according to the same format as our classroom lesson plans, and everything our instructors write down over the course of the lesson, and all of the problems, notes, and solutions covered in a particular class, will be visible online. Should students have any questions, they can push a button to raise their hand. Questions are answered in real time and there is also access to free individualized extra-help. Students can choose from different virtual schedules with courses preparing for the upcoming October PSAT or November SAT. Cost of the program is \$499. **For virtual schedules, dates & times, or to register, go to <https://lentsatprep.com/live-virtual-courses/>**

College Planning

HOW TO DRASTICALLY REDUCE YOUR COLLEGE COSTS

Richard Nathan

In this seminar, you will learn how to negotiate when dealing with college costs. You will learn about the pros and cons of loans, grants, parent PLUS loans, scholarships and direct federal loans. Also covered will be merit scholarships which are key to reducing costs. Other topics discussed will include college loan websites, outstanding college loan books, and the common data set. This seminar is being taught by Richard Nathan, a consumer advocate who has been teaching this course to adults at various high schools & colleges in the area.

Thursday • 10/10 • 7:00-9:00 pm • 1 session • \$25 • John Jay HS

ADMISSIONS 101

Stephanie Mauro, CCPS

The college research and admissions process can be overwhelming for students and their families. In this presentation, we will guide you through the essential steps to successfully navigate the journey and make informed decisions about college choices. You'll learn the differences between the SAT & ACT and how those scores can make college affordable; how to evaluate a college; what to ask on a campus tour; how colleges evaluate students; and what financial aid really means to a family, including how need is determined, and the federal & private loan programs available. Whether you are a high school student beginning your research or a parent looking to support your child, this presentation will provide valuable insights and practical tips to streamline the college research process. Open to both parents and students. Two dates to choose from. The seminar is free, but you must register to attend.

Tuesday • 10/29 • 6:30-8:00 pm • 1 session • FREE • John Jay HS Room 128

GED Preparation Classes

Prepare for your GED exam. Free for students 21 & over. Students under 21 pay a \$20 registration fee. Students 18 & under must bring their high school sign-out sheet, and HS transcript (if possible.) This is an on-going program and new students are accepted at any time. There is no need to pre-register. Classes begin September 3rd.

AMERICAN LEGION HALL

7 Spring St, Wappingers Falls

Mon, Tues, Wed & Thurs • 12:00 pm -3:00 pm

Fridays • 9:00 am-12:00 pm

English as a Second Language

Classes are free. No pre-registration is required. Classes are on-going & students are welcome to join at any time. No child care available. Classes are for adults 21 and older. Day classes begin September 3rd. Evening classes begin September 9th.

BEGINNER

Roy C. Ketcham HS – Room 110

Monday & Wednesday • 6:00 pm-9:00 pm

HIGH INTERMEDIATE

American Legion Hall, 7 Spring St, WF

Monday & Wednesday • 9:00 am-12:00 pm

LOW INTERMEDIATE

American Legion Hall, 7 Spring St, WF

Monday, Tuesday & Wednesday • 9:00 am-12:00 pm

GRAMMAR/PRONUNCIATION (INTERMEDIATE LEVEL)

American Legion Hall, 7 Spring St, WF

Tuesday & Thursday • 9:00 am-12:00 pm

INTERMEDIATE

Roy C. Ketcham HS – Room 111

Monday & Wednesday • 6:00 pm-9:00 pm

Foreign Language for Adults

ADULT MANDARIN 101

WanLing Hsu

In this beginner Mandarin class for adults, we will focus on basic conversation and daily dialogue. The lessons will be tailored to meet the specific needs of the students, including language skills required for work or travel. No class 11/5.

Tuesdays • 10/1-12/10 • 7:00-8:30 pm • 10 sessions • \$220 • Ketcham HS Room 111

Dance

LINE DANCE

Aisha Phillips & Colleen Axelrod

Come out and have a seriously, ridiculous fun time learning modern and contemporary country line dance. Non-dancers as well as Beginners & Improvers are welcome to join our Tuesday night dance party. You'll be kickin' up the dust and boot-scootin' in no time!

Absolute Beginner Line Dance: This class teaches the basics of line dancing and introductory dances – perfect for those new to the dance floor and those returning to dance. Two 5-week sessions available. Sessions will continue to build from prior sessions. No program 11/5.

Fall 1: Tuesdays • 9/17-10/15 • 6-7:15 pm • 5 sessions • \$70 • Van Wyck JHS Cafeteria

Fall 2: Tuesdays • 10/22-11/26 • 6-7:15 pm • 5 sessions • \$70 • Van Wyck JHS Cafeteria

Beginner/Improver Line Dance: This class is for students who've taken a minimum of one year of classes, or have permission from the instructor to join. Students will learn more complex steps and dances, beginner to intermediate level, depending upon the overall skill of the class. Two 5-week sessions available. Sessions will continue to build from prior sessions. No program 11/5.

Fall 1: Tuesdays • 9/17-10/15 • 7:30-8:45 pm • 5 sessions • \$70 • Van Wyck JHS Cafeteria

Fall 2: Tuesdays • 10/22-11/26 • 7:30-8:45 pm • 5 sessions • \$70 • Van Wyck JHS Cafeteria

BEGINNER/WEST COAST SWING DANCE

Christopher Bledsoe, Westie Dance Night Out

Come join a Master Level Dance Instructor at Westie Dance Night Out and learn the latest dance craze...West Coast Swing! This class is for beginners with or without prior experience. Students will learn more complex patterns, beginner to intermediate level, depending upon the overall skill of the class. Sign up for a 5-session program and have the flexibility to attend on any of 4 different days & times! All classes take place at Westie Night Out Poughkeepsie, 51 Burnett Blvd, Suite 2, POK. For more information on the instructor and studio, go to <https://www.westie-night-out.com/>. All registration is done through WCSD. Program begins the week of Sept. 23rd. *Program days/times to choose from are: Mondays, 6-7 pm; Wednesdays, 6:30-7:30 pm; Fridays, 6-7 pm; and Saturdays, 1-2 pm.*

Multiple days/times • Begins 9/23 • 5 sessions • \$70 • Westie Dance Night Out, 51 Burnett Blvd, Suite 2, POK

Recreation

BEGINNER'S CROCHET

Kathleen Spinella

Learn everything you need to know to create beautiful crocheted items to keep or gift! Registration price includes all supplies. Class is open to 5th grade students to adults. LIMIT 15 REGISTRANTS. No class on 11/11.

Mondays • 10/21-12/2 • 6:30-7:30 pm • 6 sessions • \$140 • Brinckerhoff ES Library

BASIC ANTIQUE CLOCK REPAIR

William Clarke

Perfect for collectors or hobbyists; theory & instruction, information on books & hands-on experience. LIMIT 15. No class 10/3 & 10/10.

Thursdays • 9/26-12/19 • 7:00-9:00 pm • 10 sessions • \$65 • Ketcham HS Room 229

HOROLOGICAL RESTORATION

Mike Graham & Jim Holmgren

Prerequisite: Basic Antique Clock Repair course. Cost is \$39.60 for seniors 62 and older. LIMIT 22 STUDENTS.

Thursdays • 10/17-12/19 • 7:00-9:00 pm • 9 sessions • \$44 • Ketcham HS Room 223

COED VOLLEYBALL FOR AGES 21 & UP

Larry Kunz, Moderator

Come play volleyball with relaxed rules for adults and seniors. You must pre-register for this class. No class 11/5. LIMIT 20.

Tuesdays • 9/10-12/17 • 6:30-8:30 pm • 14 sessions • \$25 • Myers Corners ES Gym

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE (Virtual)

Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Registration fee includes the online book, online follow-up lessons, a recording of the class, and also an optional periodic Q&A session. Class is held online via Zoom and is partly hands-on instruction and partly lecture demonstration. Ages 13+.

Monday • 10/14 • 6:30-9:30 pm • 1 session • \$59 • Virtual via Zoom

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE (Virtual)

Craig Coffman

In just a few hours, you can learn enough about playing guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get playing along with your favorite songs right away. Registration fee includes the online book, online follow-up lessons, a recording of the class, and also an optional periodic Q&A session. Class is held online via Zoom and is partly hands-on instruction and partly lecture demonstration. Ages 13+.

Wednesday • 10/16 • 6:30-9:00 pm • 1 session • \$59 • Virtual via Zoom

INTRODUCTION TO VOICE OVERS

Voices for All

"Wow, you have a great voice!" Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters & think, "I could do that!" If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company, Voices for All, in a one-on-one, personalized, video chat affordable for just about anyone to get involved. In this one-time, 90-minute, introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. And then...we're rolling! Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery. Your instructor will take notes on your performance so you can receive a professional voiceover evaluation later. After the class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. Check out the video at <http://www.voicesforall.com/ooo> to get a better sense of how the class works. 18 and over please. You owe it to yourself to finally explore the possibilities of this fun & rewarding job! Register through Wappingers Continuing and you can then set up your personal video conference with Voices for All.

Video Conference • 1 session • \$59 • Your class will be scheduled for a date & time at your convenience. You will be contacted by Voices for All once you have registered.

WILLS, TRUSTS & ESTATES

Antony Eminowicz, Esq.

This course will offer an in-depth discussion of wills, the probate process, trusts, the advantages/disadvantages of their use, and estate tax issues. The course will be divided into three sessions with wills, powers of attorney & health care proxies/living wills in Session I; trusts, probate avoidance & asset protection in Session II; and asset protection & Medicaid eligibility rules in Session III. There will also be some overlap among the sessions. Join us for one, two or all three sessions!

Wednesdays • 10/30-11/13 • 4:15-5:30 pm • 3 sessions • FREE • Ketcham HS Room 107

MEDICARE 101 (VIRTUAL)

James Farnham, Licensed Agent

Will you turn 65 over the next year? Or will you soon be eligible for Medicare? This class will give you a better overall understanding of Medicare and how it works. Learn about how and when to enroll and the insurance options available to you. Review and compare Medicare Parts A, B, C & D; explore & evaluate Original Medicare, Prescription Drug Plans, Medicare Supplemental Insurance & Medicare Advantage Plans, and receive the most up-to-date information in order to simplify the choices you need to make. This program will help you become more well-informed and confident about what Medicare means for you. Four different dates to choose from. At the registration page, fill in your first name only, and leave the last name blank.

Tuesday • 10/1 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/4aFGzUo>

Saturday • 10/19 • 10:00 am-12:00 pm • 1 session • FREE • <https://bit.ly/3ViboKo>

Monday • 11/4 • 6:00-8:00 pm • 1 session • FREE <https://bit.ly/4aEvr3>

Saturday • 11/9 • 10:00 am-12:00 pm • 1 session • FREE • <https://bit.ly/3Vgza9N>

PASSPORT TO RETIREMENT

James P. Agrawal, Certified Financial Planner

This course will help you develop & organize a detailed financial plan. Learn how to define & create your retirement, assess the costs of retirement, evaluate sources of income, invest for the future, protect your health & wealth, receive funds from your retirement plans & manage your estate distribution. \$25 book fee payable to instructor first night of class. Spouse/guest may attend free of charge.

Tuesdays • 10/8-10/22 • 6:30-9:00 pm • 3 sessions • \$49 • Ketcham HS Room 107

HOW MONEY WORKS (VIRTUAL)

James Farnham, Licensed Agent

This webinar is for anyone who wants to learn more about personal finance. Whether you're just starting out or looking to improve your financial skills, this program will provide you with the information you need to make sound financial decisions. You will learn how to save money for long and short-term goals; how to invest wisely and avoid the high cost of waiting; what the three "Ds" of investing are; Rule 72; the Theory of Decreasing Responsibility; how to pay off debt and the effects (both good & bad) of compounding; the power of tax-deferred saving; what is meant by the "time value of money," and how to apply important concepts and principles to protect your financial assets. This webinar will make it clear why you need a financial plan and to know your financial independence number. Three different dates to choose from. At the registration page, fill in your first name only, and leave the last name blank.

Monday • 10/21 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/3V3oJFh>

Tuesday • 11/12 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/3yLnTFs>

Wednesday • 11/20 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/3yDR1hY>

INVESTING AT RETIREMENT (VIRTUAL)

James Farnham, Licensed Agent

Whether you are nearing retirement, have already entered this new phase of life, or you're just interested in learning about investment strategies for retirement income, this webinar will empower you to make the most out of your financial resources. Topics covered will include retirement income planning, investment fundamentals, tax-advantaged investing, and specific investing strategies for retirees. By the end of the webinar you will be able to develop a personalized investment plan aligned with your retirement goals and risk tolerance, and make informed investment decisions to secure your financial future. Three different dates to choose from. At the registration page, fill in your first name only, and leave the last name blank.

Wednesday • 10/23 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/3X3gD1V>

Thursday • 11/14 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/3V2IM7F>

Saturday • 11/23 • 10:00 am-12:00 pm • 1 session • FREE • <https://bit.ly/3WYmplm>

SECRETS WALL STREET DOES NOT WANT YOU TO KNOW WHEN INVESTING YOUR MONEY

Rick Nathan, Consumer Advocate

Learn how not to be ripped off when buying or leasing cars, buying insurance, investigating long-term care insurance, investing with or without financial planners, & investing in mutual funds on your own. After taking this course you will have the confidence to invest on your own or be able to interview financial planners to find the right one for you. Optional materials fee of \$20 payable to instructor.

Monday • 10/21 • 6:00-8:00 pm • 1 session • \$55 John Jay HS

GETTING GREAT REAL ESTATE DEALS WHEN BUYING OR SELLING IN DIFFICULT TIMES

Rick Nathan, Consumer Advocate

Rick Nathan is strictly a consumer advocate & not a real estate agent. He will teach you the pros & cons of foreclosures, renting w/option to buy, owner financing & buying for no money down. You will also learn how to wisely buy or sell investment properties, primary homes, multi-families & vacation homes. Optional materials fee of \$20 payable to instructor.

Monday • 10/21 • 8:00-10:00 pm • 1 session • \$55 • John Jay HS

HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES

Bev Nathan, Consumer Advocate

Topics to be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving money when getting a car, home & life insurance, and methods to reduce your school & county taxes on your home. Optional materials fee of \$20 payable to instructor.

Monday • 10/21 • 6:00-8:00 pm • 1 session • \$55 • John Jay HS

ENTREPRENEURSHIP: STARTING YOUR OWN BUSINESS WITH LITTLE MONEY DOWN

Bev Nathan, Consumer Advocate

Learn behind-the-scenes practical information on how to start a successful, home-based, second-income business which can then become full-time. Learn how to avoid making major financial mistakes. Optional materials fee of \$20 payable to instructor.

Monday • 10/21 • 8:00-10:00 pm • 1 session • \$55 • John Jay HS

Registration Information

TO REGISTER FOR ANY CLASS OR PROGRAM go to: wappingersschools.org and click on COMMUNITY, then select CONTINUING EDUCATION from the menu and following the links for Fall 2024 program registration.

General Information

Continuing Education Office Hours

- The Wappingers Continuing Education office is open Sept. 1 – June 30, from 9:00 am – 12:30 pm
- Telephone: 298-5000, ext. 40137

Registration Information

- All registration is now done online through ArbiterSports. Go to www.wappingersschools.org and select COMMUNITY then select Continuing Education from the menu and follow the links for FALL 2024 program registration.

General Information

- **Classes will not be held on the following days: Oct. 3, 14; Nov. 5, 11, 27, 28, 29; Dec. 23-31**
- Early registration is encouraged to ensure placement & to avoid possible cancellations due to insufficient enrollment.
- If there is low enrollment, a class may be canceled. If it is canceled, you will be contacted by phone or email & your registration fee will be returned. Please be advised that cancellations are not decided until a few days before the start of class.
- Email acknowledgements of registration will only be sent for free classes, driving safety classes and after school classes for students. These will be sent a day or two prior to start of class.
- SENIOR CITIZENS: Senior citizens 62 & older can take 10% off all course registration fees. This discount does not apply to books or supplies.
- WEATHER CANCELLATIONS: If school is cancelled for Wappingers Central School District or after school/evening activities are cancelled, then all Continuing Ed classes are cancelled as well. Canceled classes will be made up as the schedule allows.
- BOOKS & SUPPLIES: Prices may increase. Senior discount does not apply to any books or supplies.
- PARKING: Do not park in front of the main entrance or along the sidewalk at the front of the school. These are fire zones.
- SMOKING POLICY: There is no smoking or vaping allowed anywhere on school grounds or in school buildings.